



Culture and Person-Centered Practice Video Series

Perspectives on Person-Centered Planning

NCAPPS made a video series called [Culture and Person-Centered Practices](#). The videos are posted on the NCAPPS YouTube channel. In these short videos, people tell their stories about what culture and person-centered practices mean to them. This is a summary of their stories.

Kenny Burr

Kenny says that person-centered planning means being in control of everyday decisions and long-term choices. Kenny's parents had the goal of helping him be independent. He comes from an upper middle-class background. He recognizes this gives him opportunities that others might not have.

He has support staff that help him with cooking and other life skills. He chooses and manages his staff. This can be challenging. During the pandemic, one of his staff did not want to follow COVID rules.

The people in his life are respectful of his independence. They understand the accommodations he needs to go out in the community. He says, "They understand how important it is for me to make my own decisions independently for the good of my life and the people who support me."